



## Adult Religious Education Fall 2021

### SPIRITUAL DEEPENING GROUPS

**Soul Matters Groups:** groups set meeting time; Contact: Rev. Claudia  
[faithdev@uuasheville.org](mailto:faithdev@uuasheville.org)

**Covenant of UU Pagans - CUUPS.** Contact: MaryAnn Somervill  
[maspro1@yahoo.com](mailto:maspro1@yahoo.com)

**Good Grief Group:** 2<sup>nd</sup> Fri., 9:30;30-11:00 AM; Contact: Nancy Bragg  
[njbragg1@gmail.com](mailto:njbragg1@gmail.com)

**UU Sangha.** Covenantal commitment group (UUCA membership required).  
2<sup>nd</sup> and 4<sup>th</sup> Tuesdays, 7:00-8:00pm. Contact: Jim Steffe [jf.steffe@gmail.com](mailto:jf.steffe@gmail.com)

**WEDNESDAY VESPERS 6:30PM (via Zoom)**

**WEDNESDAY PROGRAMS 7:00 PM (via Zoom)**

**Drop-ins welcome in all our Wednesday programs.**

### 2021-2022 Program Focus

Spirituality. Liberation. Theology.

**1<sup>st</sup> Wed.** Theme Talk or Special Program  
Discussion about the monthly Soul Matters theme.

**2<sup>nd</sup> Wed.** Liberation Conversations: Pursuing our Congregational Goals to practice Anti-racism. These conversations will provide updates on the work of the Racial Justice Advisory Council and an opportunity to ask questions and discuss why the work of liberation at UUAvtl matters.

**3<sup>rd</sup> Wed.** Spiritual Practices: Centering Love  
Centering Love – Love is a core value of our UU faith. On the 3<sup>rd</sup> Wednesdays this fall at 7 p.m., we will center our spiritual practice of love-in-action with self, others, and the world. As Cornel West says, “Justice is what love looks like in public.”

**4<sup>th</sup> Wed.** Theology  
We will begin with an introduction to theology: What is it? Do UUs do Theology? Participants will select theological themes for future sessions. Examples: Hope, Death, Forgiveness and Reconciliation, Evil, Covenant.

## October

### Cultivating Relationship (Soul Matters Theme)

- 6 Vespers Leader: Rev. Claudia  
Program: Theme Talk: Rev. Claudia
  
- 13 Vespers Leader: Anna Martin  
Program: Liberation Conversations: Eleanor Lane, Jensen Gelfond
  
- 20 Vespers Leader: Rev. Cathy  
Program: Spiritual Practices: Nancy Bragg
  
- 27 Vespers Leader: Bernise Lynch  
Program: Intro to Theology, Rev. Claudia