



BELTANE SOLITARY RITUAL IDEAS

Cast a circle with a flower as a wand

Spend time in connection with trees and flowers.

Make a wild flower crown in honor of Beltane's fertility

Make a wildflower mandala and meditate on it

Write on a small piece of paper your hopes for

Summer's blessing. Wrap that paper around a seed and plant it.

Create a May Basket filled with flowers, eggs, chocolate.

Enjoy.

Go outside and move, dance and enjoy the warmth and sunshine and the coming of summer.

Roll in May Eve dew or wash your face in pre-dawn May Day dew for health, luck, beauty.

ABOUT BELTANE

Also known as May Eve, May Day, and Walpurgis Night, Beltane occurs at the beginning of May. It celebrates the height of Spring, the coming of summer and the flowering of life. The Goddess manifests as the May Queen and Flora. The God emerges as the May King and Jack in the Green. The danced Maypole represents Their unity, with the pole itself being the God and the ribbons that encompass it, the Goddess. Colors are the Rainbow spectrum. Beltane is a festival of flowers, fertility, sensuality, and delight.

Fire is the most important element of most Beltane celebrations. The purifying qualities of fire cleanse and revitalize. People leap over the Beltane fire to bring good fortune, fertility (of mind, body and spirit) and happiness through the coming year.

